



## **Dr. David LeMay**

Dr. LeMay graduated from the University of Nevada School of Medicine in 1996 and completed a residency in Physical Medicine and Rehabilitation in 2000 at the University of Texas Health Science Center at San Antonio. He is the founder of Regenesi LLC which incorporates physical medicine and performance medicine for health and wellness.

Dr. LeMay is Board Certified in both Physical Medicine and Rehabilitation as well as in Anti-Aging and Regenerative Medicine. He has completed a fellowship in Metabolic and Nutrition Medicine through the Metabolic Medical Institute.

Dr. LeMay is an associate clinical faculty member at Florida State University and has been part of the Performance Nutrition lecture series through Florida State University's Institute of Sport Sciences and Medicine department, and for the Certified Professional Sports Dieticians Association in 2016.

Dr. LeMay has been on the Performance Nutrition Advisory Board for EXOS/Athletes Performance. He is on the medical advisory board for the Task Force Dagger foundation for SOF Health Initiatives program for SOCOM. He was on the Special Operations Medical Association Advisory Board in 2015. He is a consultant for the Washington Wizards (NBA), Washington Capitals (NHL), and Oakland Raiders (NFL). He is the medical director for the EXOS NFL mobile retirement combine program through the NFL Players Association. He is the Honorary Commander of the Air Force Special Operations Special Tactics Training Squadron. He is the medical director for SOF Missions which engages in medical mission trips throughout central and south America.

Dr. LeMay is married to an encouraging wife and has 5 children that span the ages 2 through 22.